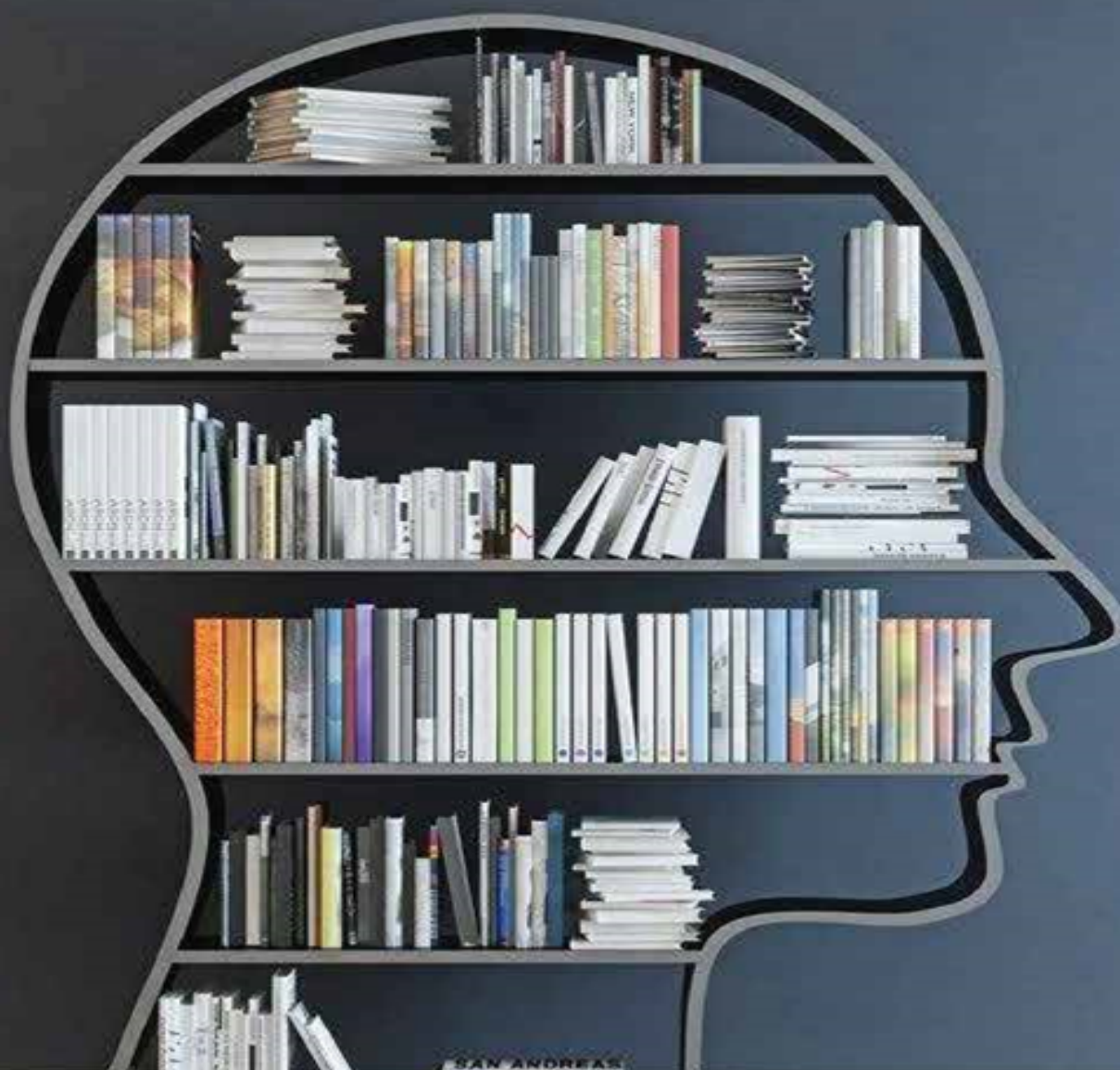




PAKISTAN PSYCHIATRIC RESEARCH CENTER

Fountain House Lahore - Pakistan



List of Papers, Research Reports and Scientific Publications Completed
with Contribution and Affiliation of
Pakistan Psychiatric Research Center, Fountain House Lahore Pakistan

Pakistan Psychiatric Research Centre (PPRC)

Pakistan Psychiatric Research Centre, a component of Fountain House, Lahore was established with an objective of starting and initiating research work in the field of mental health & organizing teaching & training programmes. Since its inception from early 1980s, it has assumed a paramount importance in the field of national & global research and has published more than 395 publications based on many national and international researches conducted in collaboration with fountain House. It has also emerged as a Centre of excellence for organizing educational activities, conferences, symposia and other academic activities in different fields of mental health.

International Collaboration

PPRC encourages national & international collaboration in the areas of research, training & teaching. Projects are prepared for international collaboration and different universities around the globe are contacted to have MOU signed to start joint projects. This helps the local researchers to have more links with the established centers of excellence and also encourage more work being presented at national & international forum.

Educational & Academic Programmes

PPRC undertakes various educational activities at Fountain House. Several national, regional and international conferences are organized by PPRC in collaboration with other professional organizations especially with World Psychiatric Association, Asian Federation of Psychiatric Associations, and World Association for Psychosocial Rehabilitation, World Association of Social Psychiatry and SAARAC psychiatric Federation. PPRC generate its funds on its own and has set up a fund to promote and support local research activities.

Research Governance

The changes in International Economic Environment mean that new and emerging economies would have bigger role to play in research in medical and health care area. Provision of robust research governance framework is an essential step in the development of research capacity. It provides protection to the participants and researchers by assuring that only scientifically and ethically sound research is allowed.

We strengthen the ethical approval and monitoring process of our research proposals through our Ethics & Review Committee so that the rights of the participants are protected. For that purpose, we follow the Helsinki Declaration and The International Conference on Harmonisation (ICH) guidelines.

Research Support System

We have developed a system of research support which works collaboratively with National and International organizations and individuals to support research activity conducted in Fountain House and elsewhere in Pakistan. This system includes a variety of activities spanning from the development of a research proposal, ethical approval, implementation of a research project, dissemination of results through conferences and publications. PPRC also provides training to develop skills for these activities as well as directly work with individuals or groups to design research projects and contribute in their implementations.

PPRC is pleased to publish the current eBook giving details / citations & references of the published work completed through contributions & affiliations of Pakistan Psychiatric Research Centre & Fountain House, Lahore. We hope this document will provide a reference for the researchers for the publications and research projects completed at our institution and guidance for their future work.

We are thankful to our collaborators and do hope that we will continue receiving their patronage and support in the future.

Prof Afzal Javed Chairman Pakistan Psychiatric Research Centre

Prof Khalid Mui Vice Chair Pakistan Psychiatric Research Centre

Prof Nasar Sayed Khan General Secretary Pakistan Psychiatric Research Centre

Aeyesha Imran Murtaza Co-Ordinator Pakistan Psychiatric Research Centre

Rehmeena Iqbal Co-Ordinator Pakistan Psychiatric Research Centre

November 2024

**List of Papers, Research Reports and
Scientific Publications Completed with Contribution and Affiliation of
Pakistan Psychiatric Research Centre**

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Organization and Collaboration for National, Regional and International Conferences

- Fountain House - A Unique Experience. International Seminar "The Fountain House Model - A Social Invention in Community Rehabilitation of the Mentally Ill" Lahore, 12-16 November, 1981.
- International Seminar on "Fountain House Model" at Stockholm, Sweden, May, 1983. *
- Details of Bhutan conference organised by PPRC and FH. First International Conference on Drug Addiction, held at Bhurban (Murree) – Pakistan, 7-9 April, 1993.
- International Symposium on Cultural Psychiatry, world psychiatric Association Transcultural Psychiatry Section. March 22-24, 1995. Hotel Pearl Continental Lahore, Pakistan. Organized by Fountain House Lahore, Pakistan.
- Regional Conference of World Islamic Association for Mental Health, 20-21, June 1997 Markfield Conference Centre, Ratby Lane, Leicester, LE6 9RN, U.K.*
- International symposium on Psychiatry in the memory of Late PROF. DR. MUHAMMAD RASHID CHAUDARY on August 12-13th, 2001. Fountain House Lahore Pakistan.
- WPA Regional & Interzonal Meeting (Improving Mental Health in Developing Countries). Organized by Pakistan Psychiatry Society (PPS) September 17-20, 2004. Hotel Pearl Continental and Fountain House, Lahore Pakistan.
- 3rd Indo Pak Punjab Psychiatric Society Conference from 28 Oct-01 Nov 2009 in Jalandhar, India.*
- 2nd International IPPPS Symposium Theme: "REACHING THE UNREACH" organized by INDO PAK Punjab Psychiatric Society (IPPPS). 30th to 31st January 2010, Fountain House Lahore.
- 9th international Psychiatric conference, Recent Advances in Child and Adolescent Psychiatry 26 to 28 February 2015 in Faletti's hotel Lahore. Organized by World Association for Psychological Rehabilitation (WAPR) and Pakistan Psychiatric Research Centre, Fountain House Lahore. Horizon Peshawar.
- International webinar on psychiatry/ the history and development of services for the mentally ill in south Asia. November 11, 2024.
- Symposium on Climate change and mental health. November 13, 2024.
- KMU Hayatabad Peshawar with the collaboration of Pakistan psychiatric research center.
- Webinar on Prevention of Suicide in Children and Adolescents in Pakistan-An overview guideline and recommendation. Pakistan Psychiatric Research Center, Lahore, Pakistan. January 2025.
- Pakistan Psychiatric Research Center, Fountain House, cordially organized an Online Webinar: "Jin, Jado and Mental Health" on February 22, 2025.
- "Suicide in Pakistan Youth" An introduction to suicide Assessment, Prevention and Intervention, collaboration with Pakistan Psychiatric Research Centre. 26th April 2025.
- "CBT Training" collaboration with Pakistan Psychiatric Research Centre, organized by Fountain House Lahore, 28, 29 30 April 2025.

- 15th International CBT Conference, collaboration with Pakistan Psychiatric Research Centre, 2nd and 3rd May 2025.
- Online Training on "Talking about Suicide: Ten Tools (TAS10) training. 23rd May 2025. Organized by Pakistan psychiatric research center.
- Webinar on "Understanding Trauma & its Impact" organized by Fountain House and Pakistan Psychiatric Research Center, on July 12, 2025.
- Media Briefing On "Work Related Stress" Organized By PPRC ON 13 November 2025.
- PPRC Fountain House organized an educational session on the **Assessment and management of child psychiatric disorders** by Dr. S M Ahmad on Tuesday, 26 November, 2025
- Pre-Conference Workshop for the **1st International Child Psycon 2025**, on "**Young People with the Dual Diagnosis of ADHD and Autism Spectrum**" By PPRC 27 November, 2025.
- 1ST Child psychon conference organized by PPRC with the collaboration of KEMU 28 & 29 NOVEMBER 2025
- **GALA DINNER of 1ST Child psychon** Organized by PPRC with the Collaboration of Fountain House On 3rd December 2025.
- **Youths Trained in Psychological Health First Aid**" published in *The News International* (2026), highlighting the Psychological First Aid training organized by Horizon with the collaboration of Pakistan Psychiatric Research Council and Ibadat Hospital.

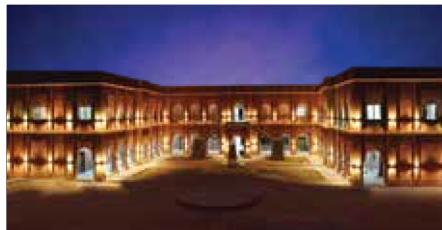
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